

3 Redwood Regional Park

Staging Area: Trudeau Center, 11500 Skyline Blvd., Oakland.

Route: From the staging area go behind the Trudeau Center, continue straight on the Dunn Trail, and stay left at the fork onto the Graham Trail. Climb up to Redwood Bowl and take the West Ridge Trail down to the second intersection with Baccharis Trail and turn right. Descend on Baccharis Trail to reconnect with the Dunn Trail and head back to the staging area. **Description:** This is a great quick ride, traveling through some of the East Bay's oldest trees. Some sections of West Ridge Trail are rocky, but not too steep. Be aware that this is a popular area for hikers and dog walkers, so please call out when passing other trail users. **Loop direction:** clockwise. **Trail type:** 1-lane dirt road. **Length:** 5 miles. **Elevation gain:** 568 feet. **Approximate time:** 1 hour.

