

4 Pleasanton Ridge Regional Park

Staging Area: Foothill Staging on Foothill Road north of Sunol, CA. **Route:** From the staging area, climb Oak Tree Trail and stay right onto Thermalito Trail. Follow Thermalito Trail into Augustine Bernal Park. Turn left onto Ridgeline Trail and stay right after entering back into Pleasanton Ridge. Turn left to drop down Shady Creek Trail, and then take Sinbad Creek Trail to Bay Leaf Trail and back up to Ridgeline Trail. If desired, turn left, but this time turn left to drop down Schuhart Trail (shown in green), then left on Bay Leaf Trail. Continue on Bay Leaf Trail up to Ridgeline Trail roughly 3.5 miles back to Oak Tree Trail. Go left on Meadow Pond Trail and then right on Sycamore Grove Trail back to Oak Tree Trail to return to the parking area. **Description:** This route includes several short sections of narrow trail connected by fire roads. This is a great ride for a workout, winding descents, challenging climbs, and fantastic views of the Tri-Valley area. You can mix and match your favorite loops as desired. Trail type: 1-lane dirt, narrow. Length: 15.25 miles. Elevation gain: 2,490 feet. Approximate time: 3 hours.

